

2007 AASHTO SOM Spouse Tour

Lincoln, New Hampshire

Schedule of Events

Monday, August 13, 2007

The Basin
Franconia Notch, NH
Breakfast at Polly's Pancake Parlor
Sugar Hill, NH
Sugar Hill Sampler
Sugar Hill, NH
Cannon Mountain Tram
with Lunch at the Summit
Franconia, Notch, NH
The Flume
Franconia Notch, NH

Tuesday, August 14, 2007

Shaker Village Tour & Lunch
Canterbury, NH
Squam Lake Tour
Holderness, NH
(On Golden Pond)

Wednesday, August 15, 2007

Breakfast at the Woodstock Inn
North Woodstock, NH
Lost River Tour
Woodstock, NH
Cog Railroad
Mount Washington, NH
(SOM Technical Tour)

Thursday August 16, 2007

Sabbaday Falls
Kancamagus Highway
Conway Railroad and Lunch
North Conway, NH



The Basin is a granite hole that is approximately 20 feet in diameter and 15 feet deep, at the base of a waterfall. It is believed to have formed approximately 15,000 years ago during the glacier era. www.franconianotchstatepark.com

Items at the Sugar Hill Sampler include fancy foods, gifts, antiques and collectables.



The museum focuses on the lives of preceding generations on the farm with displays of family memorabilia, clothing, farm tools, and photographs.

www.sugarhillsampler.com



The walls of granite, that create the Flume, rise 70 to 90 feet high and are 12 to 20 feet apart. The gorge was covered with glaciers and rocks during the Ice Age, after which the Flume Brook began to flow through the valley again. The Flume Covered Bridge, that crosses the Pemigewasset River, was built in the 1800s and has been restored several times. www.flumegorge.com

The building which houses "Polly's Pancake Parlor" was built around 1830, and was originally a



carriage shed. In the 1930s it was converted to a small tearoom and in 1938 they began serving pancakes, waffles, and French toast to increase the sales of their maple products. All menu items are homemade.

www.pollyspancakeparlor.com



The Cannon Mountain Aerial Tramway is an 80-passenger cable car that makes a quick, eight-minute ascent of 2,100 vertical feet to the 4,180-foot summit. On clear days visitors can see to neighboring states and Canada. At the summit there are walking paths, an observation deck, and a cafeteria. (Photo courtesy of Cannon Mountain and Ellen Edersheim, Photographer) www.cannonmt.com

NOTE: Photos from Web Sites and as noted.

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Remembered today for their many inventions and fine craftsmanship, the Shakers were founded in 1745 in Manchester, England, as a religious group who sought greater meaning in life. Shakerism is deeply rooted in an agricultural philosophy. Today, there remains one active Shaker Village, in New Gloucester, Maine. At the height of the Shaker movement, over 100 Shakers resided on the over 3,000 acres at Canterbury Shaker Village. On the first floor of the Canterbury Dwelling House was the dining and food preparation areas. Meals were served family style and were eaten in silence with Brothers and Sisters at opposite sides of the area. There are a variety of tours of the Village on which you might see the Meeting House, the School House, and the Dwelling House. Other areas of interest include the Bee House, the Infirmary, the Horse Barn, the arboretum, the vegetable, flower, and herb gardens, the ornamental plantings and landscaping, the gift shop, and the museum which tells the history of the 200-year old Shaker site. www.shakers.org



The movie "On Golden Pond", starring Katherine Hepburn and Henry Fonda, was made on the gorgeous, pristine, and undeveloped Squam Lake, in 1981. www.visitsquam.com



The Woodstock Inn opened during the Christmas season in 1982. The main house is over 100 years old and has been restored and finished, as closely as possible, to the original décor. The Woodstock Inn Brewery produced its first barrel of ale in the spring of 1995. The Clement Room Grille features laid-back elegance, sophisticated and innovative cuisine, and serves breakfast that includes world-famous sticky buns. www.woodstockinnnh.com

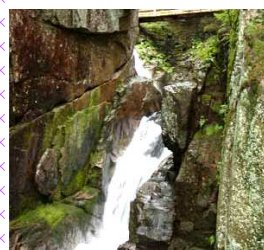


In Kinsman Notch, the forces of water, wind, weather, and time have created Lost River. The granite walls seem to erupt from the earth as the river plays hide and seek. Experience natural caves, boulder-arched underground passages, and thundering waterfalls. The self-guided tour takes about an hour and is approximately $\frac{3}{4}$ mile long. Paradise Falls is a 35-foot waterfall that has an irregular shaped basin. Shadow Cave has several broad, dark streaks on its wall that were caused by oxidation of the iron in the granite. It has an odd shaped roof that is about 20 feet high and the stream is noisy as it flows through. www.findlostriver.com



The coal-fired steam engines of the Cog Railway have tilted boilers to compensate for the angle of the ascent up Mt. Washington. A toothed cog-wheel is connected to the drive shaft of the engine and allows the engine to climb uphill. On clear days you can see as far as Québec and the Atlantic Ocean. After becoming lost near the summit in 1852, Sylvester Marsh thought that there must be a better way to get to the highest peak in the Northeast, and on July 3, 1869, 'Old Peppersass' became the first cog-driven train to climb the 6,288 feet to the top. www.thecog.com

The rail line from Conway to North Conway was completed in June 1872 and was extended in October 1874. The North Conway station has changed little since it was built in 1874. The "Notch Train" and "Valley Train" are both diesel powered, and the #7470 is steam powered. On The Notch Train, one of the premier scenic train rides in the East, you will travel through Crawford Notch, past sheer bluffs, steep ravines, cascading streams and panoramic vistas. www.conwayscenic.com



Sabbaday Falls is a short (approximately ten minutes), easy walk to one of the nicest waterfalls in New Hampshire. Early explorers of the Passaconaway Valley turned around at the falls on a Sunday, or "Sabbath Day." The 25-foot waterfall features a series of cascades that cut through a narrow flume to a pool below. www.heartofnh.com

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Spouse Registration Fee - \$195.00:

- ◆ Includes Mon.-Fri. breakfast at the hotel hospitality suite, all spouse tour transportation, Ice Breaker on Loon Mountain, Wed. Technical Tour, ride on the Cog Railroad & evening dinner.
- ◆ Does not include breakfast at Polly's Pancake Parlor & The Woodstock Inn, or entrance fees for events shown on this agenda, other than noted above.